FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF	CHANG

07/29/2019

07/29/2019

07/29/2019

NT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287
Estimated average burden
hours per response: 0.5

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5. Relationship of Reporting Person(s) to Issuer

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person*

Class B Common Stock

Class B Common Stock

Class B Common Stock

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name **and** Ticker or Trading Symbol

McDonnell (Last)	Eileen C. (First)	UN UHS	IVERSAL HE	<u>EALT</u>	H S	ERVICES	SINC	[(Cnec	Director Officer (give title below)	10% (Other below	(specify		
THE PENN M COMPANY	UTUAL LIFE	E INSURANCE		ate of Earliest Transa 9/2019	action (N	/lonth/	Day/Year)						
(Street)	PA	19044	4. If A	Amendment, Date of	Origina	al Filed	I (Month/Day/\	Year)	6. Indi Line)	vidual or Joint/Group Form filed by One Form filed by Mo Person	e Reporting Pers	son	
(City)	(State)	(Zip)											
		Table I - No	n-Derivative	Securities Acq	uired	, Dis	posed of,	or Ber	eficially	Owned			
Date			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
					Code	v	Amount (A) or (D)		Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Class B Commo	on Stock		07/29/2019		M		11,250	A	\$151.89	18,487	D		
Class B Commo	on Stock		07/29/2019		М		11,250	A	\$151.89	21,049	D		
Class B Commi	on Stock		07/20/2010		м	1	2 500	Δ	\$151.80	32 237	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

M

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5,000

23,545

6,455

A

D

D

\$151.89

\$151.89

\$147.96

37,237

13,692

7,237

(-3),,,,,															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option To Purchase Class B Common Stock	\$117.29	07/29/2019		M			11,250	(2)	03/17/2020	Class B Common Stock	11,250	\$0	0	D	
Option To Purchase Class B Common Stock	\$118.62	07/29/2019		М			11,250	(3)	03/22/2021	Class B Common Stock	11,250	\$0	3,750	D	
Option To Purchase Class B Common Stock	\$119.64	07/29/2019		М			2,500	(4)	04/12/2023	Class B Common Stock	2,500	\$0	7,500	D	
Option To Purchase Class B Common Stock	\$124.56	07/29/2019		М			5,000	(5)	03/28/2022	Class B Common Stock	5,000	\$0	5,000	D	
Option To Purchase Class B Common Stock	\$134.02							(6)	03/19/2024	Class B Common Stock	10,000		10,000	D	

Explanation of Responses:

- 1. These shares were sold in multiple transactions at a price of \$147.9553.
- $2. \ \, {\rm Option} \ vested \ ratably \ on \ each \ of \ 3/18/2016, \ 3/18/2017, \ 3/18/2018 \ and \ 3/18/2019.$
- 3. Option vests ratably on each of 3/23/2017, 3/23/2018, 3/23/2019 and 3/23/2020.
- 4. Option vests ratably on each of 4/13/2019, 4/13/2020, 4/13/2021, and 4/13/2022.

5. Option vests ratably on each of 3/29/2018, 3/29/2019, 3/29/2020 and 3/29/2021.

 $6. \ \, \text{Option vests ratably on each of 3/20/2020}, \, 3/20/2021, \, 3/20/2022, \, \text{and 3/20/2023}.$

/s/ Eileen C. McDonnell

07/30/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.